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Academic Rank	Associate Professor
School	Nutrition Clinical Nutrition

Hospital	Shohada Tajrish Intensive care Units
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Research Center	National Nutrition and Food Technology Research Institute
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Education

1- MD

MD Degree from Medical School, Iran University of Medical Sciences , Tehran, Iran, 1985-1992

2. Ph.D

Faculty of Nutrition and Food Industry, Shahid Beheshti University of Medical Sciences , Tehran, Iran, 2002- 2007

Scientific Position

Associate professor of clinical nutrition

Faculty of Nutrition and Food Industry, Shahid Beheshti University of Medical Sciences, 2008
Up to now

Papers

- 1- M Vahdat Shariatpanaahi, **Z Vahdat Shariatpanaahi (Corresponding Author)**, M Moshtaaghi, SH Shahbaazi and A Abadi. The relationship between depression and serum ferritin level. *European Journal of Clinical Nutrition* (2007) 61, 532–535.
- 2- S. Shahbazi, M.R Biraanvand, **Z Vahdat Shariatpanaahi**, M Vahdat Shariatpanaahi, L Gachkar , A Abadi. Power of portable and digital phonostethoscope designed in Iran in diagnosis of valvular heart disease. *J.Med. Sci.*, 7(4) 2007.
- 3- **Shariatpanahi ZV**, Shariatpanahi MV, Shahbazi S, Hossaini A, Abadi A. Abadi Effect of Ramadan fasting on some indices of insulin resistance and components of the metabolic syndrome in healthy male adults. *British Journal of Nutrition* (2008), 100, 147–151.
- 4- **Vahdat Shariatpanahi Z**, Taleban FA, Mokhtari M, Shahbazi S: Ginger extract reduces delayed gastric emptying and nosocomial pneumonia in adult respiratory distress syndrome patients hospitalized in an intensive care unit. *Journal of Critical Care* 2010; 25: 647–50.
- 5- Vahdat Shariatpanahi M, **Vahdat Shariatpanahi Z (Corresponding Author)**, Shahbazi S: Effect of fasting with two meals on BMI and inflammatory markers of metabolic syndrome. *Pakistan J of Biological Sciences* 2012; 15 (5): 255-258.
- 6- **Vahdat Shariatpanahi Z**, Taleban FA, Mokhtari M, Shahbazi S Effect of enteral feeding with ginger extract in acute respiratory distress syndrome. *Journal of Critical Care* 2013; 25: 647–50.
- 7- **Zahra Vahdat Shariatpanahi**, Shahbazi S. Effects of Inner Part of Walnut on Serum Triglyceride and HDL Cholesterol Level in Hypertriglyceridemic Subjects. *Journal of Islamic and Iranian Traditional Medicine* . 2013, 4(2): 97-103
- 8- **Vahdat Shariatpanahi Z**, Shahbazi S: Effect of PPI-based triple therapy with apple cider vinegar on *Helicobacter pylori* eradication. *Galen Medical J.* 2014, 3(2), 90-94.

- 9- Rahmani A, Hafezi Ahmadi M, Misgavam S, Farhadi F, **Zaha Vahdat Shariatpanahi (Corresponding Author)**. Body composition and abdominal obesity in patients with and without coronary heart disease. *Cardiology Research*, 2014; 5(2): 68-71.
- 10- Behzadifar M, **Zahra Vahdat Shariatpanahi**, Sayemiri K, Nourmoradi H, Ranjbar E, Asadollahi K. The pattern of fat distribution and body mass index among high school adolescence in Ilam. *Journal Bas Res Med Sci* 2014; 1(1): 43-49.
- 110- **Zahra Vahdat Shariatpanahi**, Shahbazi S. Prevalence of diabetes mellitus and prediabetes in Sarableh city, Ilam. *Thrita*, 2014 June; 3(2): e17773
- 12- Sima Ghorabi, **Zahra Vahdat Shariatpanahi (Corresponding Author)**. Effect of Early Enteral Nutrition on Clinical Outcomes in an Intensive Care Unit. *Thrita*. 2014 September; 3(3): e20905
- 13- Ghorabi S, **Vahdat Shariatpanahi Z (Corresponding Author)**, Amiri Z . Measurement of Adductor Pollicis Muscle Thickness in a Healthy Population in Iran and Its Correlation with other Anthropometric Parameters. *Mal J Nut* 2014 September; 20(2): 237- 243.
- 14- Amir Houshang Mohammad Alizadeh, Mohammad Hadizadeh, Maryam Padashi, Shahin Shahbaazi, Mahsa Molaee, **Zahra Vahdat Shariatpanahi**. Comparison of two techniques for endoscopic ultrasonography fine-needle aspiration in solid pancreatic mass. *Endoscopic Ultrasound J*, JUL-SEP 2014, (3) 3.
- 15- Najmi M, **Vahdat Shariatpanahi Z (Corresponding Author)**, Tolouei M, Amiri Z. Effect of oral olive oil on healing of 10-20% total body surface area burn wounds in hospitalized patients. Journal: *Burns*. 2014 Oct 8.
- 16- **Zahra Vahdat Shariatpanahi**, maryam Vahdat Shariatpanahi. Comparing the Effect of Presenting the Course of Nutrition as Problem Based Learning through Lecturing and its Impact on the Educational Progression of Midwifery Students. *jimu* 2014, 22(1): 59-63

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18- Mosavi Maleki S & **Vahdat Shariatpanahi Z (Corresponding Author)**. Estimation of Stature in Iranian Adults Using Knee Height: *Mal J Nut* 2017 23(1): 155 - 159.

19- Shahbazi S, **Zahra Vahdat Shariatpanahi (Corresponding Author)**. Prevention of type 2 diabetes mellitus by changes in diet among subjects with abnormal glucose metabolism: a randomized clinical trial. *Int J Diabetes Dev Ctries*. 2017. DOI 10.1007/s13410-017-0548-3.

20- Mahdieh Nourmohammadi, Omid Moradi Moghadam¹, Mohammad Niakan Lahiji¹, Sevak Hatamian¹, **Zahra Vahdat Shariatpanahi (Corresponding Author)**. Effect of Fat-based versus Carbohydrate-based Enteral Feeding on Glycemic Control in Critically Ill Patients: A Randomized Clinical Trial. *Indian J Crit Care Med*. 2017 23(8): 500 - 505.

21- Mohammad Amin VALIZADEH HASANLOEI, , **Zahra Vahdat Shariatpanahi**, Davoud VAHABZADEH, Zakaria VAHABZADEHd, Leila NASIRI, Ali SHARGH. Non-diabetic Hyperglycemia and Some of Its Correlates in ICU Hospitalized Patients Receiving Enteral Nutrition. *MAEDICA* . 2017; 12(3): 174-179

22- Association of admission serum levels of vitamin D, calcium, Phosphate, magnesium and parathormone with clinical outcomes in neurosurgical ICU patients. Ardehali SH, Dehghan S, Baghestani AR, Velayati A **Zahra Vahdat Shariatpanahi (Corresponding Author)**. Sci Rep. 2018 Feb 14;8(1):2965. doi: 10.1038/s41598-018-21177-4.

23- Elahe Nematifard, Seyed Hossein Ardehali, Shaahin Shahbazi, Hassan Eini-Zinab, **Zahra Vahdat Shariatpanahi (Corresponding Author)**. Combination of APACHE Scoring Systems with Adductor Pollicis Muscle Thickness for the Prediction of Mortality in Patients Who Spend More Than One Day in the Intensive Care Unit. Critical Care Research and Practice. Volume 2018, Article ID 5490346, 6 pages. doi.org/10.1155/2018/5490346

24- **Zahra Vahdat Shariatpanahi**, Fatemeh Jamshidi, Javad Nasrollahzadeh, Zohreh Amiri, and Houman Teymourian. Effect of Honey on Diarrhea and Fecal Microbiota in Critically Ill Tube-Fed Patients: A Single Center Randomized Controlled Study. *Anesth Pain Med.* 2018 February; 8(1):e62889.

25- Shaahin Shahbazi, **Zahra Vahdat Shariatpanahi (Corresponding Author)**. Prevention of type 2 diabetes mellitus by changes in diet among subjects with abnormal glucose metabolism: a randomized clinical trial. *International Journal of Diabetes in Developing Countries.* January 2018, Volume 38, Issue 1, pp 69–74.